

# Who Am I?

An intrapersonal project

**TASK:** Complete the personality/cognitive exercises demonstrated in class, document your results and analyse the qualities, interests and aptitudes that make you special and unique. Then create a self-portrait inspired by what you've learned about yourself.

**EXPLORE, CURATE & ANALYSE:** Do each of the following personality tests & other exercises and document the results in the chart below (Column #1). Then analyze what these details say about you and maybe your path in life. (Column #2). The more specific and detailed, the better.

<b>Exercises</b>	<b>Results</b> Provide the complete breakdown	<b>Analysis</b> In 3-4 sentences, explain how the results match your life's experiences
True Colors P. Quiz  [PDF]		
Myers-Briggs s P. Quiz  [Online]		
Multiple Intelligences Quiz  [Online]		
Self-Monitor Quiz  [Online]		
Big 5 Personality Test  [Reflection]		

**SELF-PORTRAIT:** Create a self portrait (photo, drawing, collage, etc...) that demonstrates 2-3 of your qualities identified in the personality/cognitive exercises done in class. Your self portrait should include a brief description explaining what qualities are represented.

You can do this! Artistic skill is not a factor -- *the goal is to create a visual representation of what you learned about yourself.*

**SUBMIT YOUR WORK:** Submit your chart & artwork to Mr. Blauer's Dropbox.

**DUE DATE:** Thursday, April 22nd

### Who Am I? Rubric

CRITERIA	I N F	LEVEL 1	LEVEL 2	LEVEL 3	LEVEL 4
<b>Written Detail</b> Complete, detailed and insightful /L2		Minimal completion  Poor level of detail and/or insight	Some exercises fully complete  Inconsistent level of detail and/or insight	Meaningful level of detail and insight	All exercises fully complete  High level of detail and insight
<b>Artwork</b> Clarity, focus and organization of the entire project, including following instructions /L1		Limited creativity and tenuous connection to results of 1 exercise	Inconsistent creativity and/or connection to results of 2 exercises	Notable creativity and logical connection to the results of 2-3 exercises done in class	Highly creative and insightfully connected to the results of 2-3 exercises done in class