

## S.T.A.R. Worksheet

**What is the most difficult situation you have faced?**

Situation: \_\_\_\_\_

Task: \_\_\_\_\_

Action: \_\_\_\_\_

Result: \_\_\_\_\_

**What do you consider your most significant strengths?**

Situation: \_\_\_\_\_

Task: \_\_\_\_\_

Action: \_\_\_\_\_

Result: \_\_\_\_\_

**How do you get along with different types of people?**

Situation: \_\_\_\_\_

Task: \_\_\_\_\_

Action: \_\_\_\_\_

Result: \_\_\_\_\_

**What would make you a good leader?**

Situation: \_\_\_\_\_

Task: \_\_\_\_\_

Action: \_\_\_\_\_

Result: \_\_\_\_\_

